

# Be Kind Initiative - Blessing Bags

## *Fall & Winter Bags*

### **Items to Include (5 Items):**

1. Pack of Kleenex
2. Toothbrush (New in package)
3. Toothpaste (New in package)
4. Band aids
5. Chapstick
6. Deodorant
7. Cough drops (New in bag)
8. Hat, Gloves, Heat Packs (New)
  - a. You may choose to give one, two, or all three items
9. Small Bottle of Hand Sanitizer

### **Optional Items:**

1. Soap, hand lotion
  - a. Pack separately then place in main bag
2. Hand wipes
3. Floss Sticks
4. Small comb
5. Underwear (New)
6. Raisins
7. Gift certificate to fast food

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***Items will go in a 1 gallon Ziploc Bag***

***Please don't put more than 5 items in each bag  
If making multiple then switch up items in bags please***

# Be Kind Initiative - Blessing Bags

## *Spring & Summer Bags*

### **Items to Include (5 Items):**

1. Pack of Kleenex
2. Toothbrush (New in package)
3. Toothpaste (New in package)
4. Band aids
  - a. Put in some bandaids not a whole box though please
5. Chapstick
6. Small Deodorant
7. Small Bottle of Hand Sanitizer
8. Small Comb
9. Floss Sticks

### **Optional Items:**

1. Soap, hand lotion
  - a. Pack separately then place in main bag
2. Hand wipes
3. Underwear (New)
4. Raisins
5. Gift certificate to fast food

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***Items will go in a 1 gallon Ziploc Bag***

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***If making multiple then switch up items in bags please***

# Hygiene Kits

## **Items:**

One hand towel (15 x 25 –17 x 27 inches)

- No kitchen, cleaning, or microfiber towels

One washcloth

- No kitchen, cleaning, or microfiber towels

One comb

- Must be sturdy with at least 6 inches of teeth
- No pocket combs or picks
- Rattail and combs without handles are acceptable but must have at least 6 inches of teeth

One toenail or fingernail clipper

- No emery boards or metal nail files

Bath-size soap (3 oz. bar or larger)

- No Ivory or Jergens soap
- Do not remove from packaging

One adult toothbrush

- Do not remove from packaging
- Personal advertising not acceptable

10 adhesive bandages ( $\frac{3}{4}$  by 3 inches)

- Common household bandages acceptable

One one-gallon size resealable bag

## **Assembly:**

- Lay hand towel flat on a table.
- Lay the washcloth in the center of the hand towel.
- Place all remaining items on top of the washcloth (except the plastic bag).
- Fold the sides of the hand towel to cover the items.
- Grasp the bundle tightly and roll over the remainder of the towel.
- Place the tightly rolled bundle in the plastic bag, remove air, and seal